

Rotary Club of the Villages - Evening Evening Edition

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2019-2020 Presidential Theme



Rotary International President-elect Mark Daniel Maloney explained his vision for building a stronger Rotary, calling on leaders to expand connections to their communities and to embrace innovative membership models.

Maloney, a member of the Rotary Club of Decatur, Alabama, USA, unveiled the 2019-20 presidential theme, *Rotary Connects the World*, to incoming district governors at Rotary's annual training event, the International Assembly, in San Diego, California, USA, on Monday.

"The first emphasis is to grow Rotary — to grow our service, to grow the impact of our projects, but most importantly, to grow our membership so that we can achieve more," Maloney said. Maloney believes that connection is at the heart of the Rotary experience.

"(Rotary) allows us to connect with each other, in deep and meaningful ways, across our differences," Maloney said. "It connects us to people we would never otherwise have met, who are more like us than we ever could have known. It connects us to our communities, to professional opportunities, and to the people who need our help."

Maloney also called on every Rotary and Rotaract club to identify segments of their community not represented in their club by creating a membership committee with diverse members. "Through Rotary, we connect to the incredible diversity of humanity on a truly unique footing, forging deep and lasting ties in pursuit of a common goal," he added. "In this ever more divided world, Rotary connects us all."

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Wednesday's Speaker

Our speaker this week was retired Army helicopter pilot, LTC Joseph R. Finch. LTC Finch's power point presentation provided information and insight into the history and operations of Medivac rescues in combat zones. LTC Finch, who was shot down by enemy fire during a rescue attempt, has been credited with saving 826 lives and rescuing many more wounded soldiers.

He is the author of two books: "Angel's Wing: A Year in the Skies of Vietnam" (2001, 2011) and "Faces of the Distinguished Flying Cross of Central Florida: Portraits of Courage"(2017). His talk focused on subject-matter of "Angel Wing."

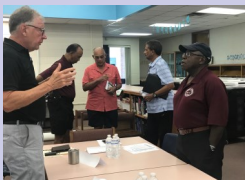
LTC Finch retired after a distinguished military career. He then worked as an environmental engineer for fifteen years, during which time he gave his time and attention helping troops in the Middle East and visiting wounded soldiers in the hospitals. In 2009 he was given the "Spirit of Hope" award for his volunteer work..

LTC Finch and his wife Monika are enjoying retirement in The Villages. His well-received presentation was followed a flurry of questions and ended with a vigorous round of applause.

Harbour View

This past Monday, Sue B., Jim B., and Mary Anne A., traveled to HVES to meet with representatives of Sophisticated Gents and the school administration to plans for the upcoming school year.

Primary among the discussion was the School Advisory Committee (SAC) and the committee. It is hoped that a member of the Sophisticated Gents and American Club, along with Sue B., would join the SAC to provide more diverse representation.



Mr. Hensel, school principal, detailed the School
(Continued on page 4)

Message (Con't from page 1)

Maloney urged leaders to offer alternative meeting experiences and service opportunities to make it easier for busy professionals and people with many family obligations to serve in leadership roles.

“We need to foster a culture where Rotary does not compete with the family, but rather complements it,” Maloney said. “That means taking real, practical steps to change the existing culture: our expectations, considering, and welcoming of children at Rotary level.” Maloney said many of the barriers that prevent people from serving as leaders in Rotary are based on expectations that are no longer relevant.



“It is time to adapt, to change our culture, and to convey the message that you can be a great district governor without visiting every club individually, and a great president without doing everything yourself.”

Relationship with the United Nations

During 2019-20, Rotary will host a series of presidential conferences around the world, focusing on Rotary's relationship with the **United Nations** and the UN's sustainable development goals that many Rotary service projects support. More information will be available in July.

In 2020, the United Nations will celebrate the 75th anniversary of its charter and its mission of promoting peace. Rotary was one of 42 organizations the United States invited to serve as consultants to its delegation at the 1945 San Francisco conference, which led to the UN's charter. For decades, Rotary has worked alongside the United Nations to address humanitarian issues around the world. Today, Rotary holds the highest consultative status that the UN offers to nongovernmental organizations.

Health Tip

Walking is beneficial to all

Walking for 30 to 60 minutes a day is one of the best things you can do for your body, mind, and spirit.

Walkers Live Longer...

The Honolulu Heart Study of 8000 men found that walking just two miles a day cut the risk of death almost in half. The walkers' risk of death was especially lower from cancer. Other studies have had similar findings - if you keep walking, you improve your chances of a longer and healthier life.

Walking Helps Prevent Weight Gain....

If you add just 2000 more steps a day to your regular activities, you may never gain another pound. So says research by Dr. James O. Hill of the Center for Human Nutrition at the University of Colorado Health Sciences Center. To lose weight, add in more steps.

Walking Reduces Risk of Cancer...

Study after study has shown that walking and exercise reduces your risk of breast cancer and colon cancer. Walking is also good for those undergoing cancer treatment, improving their chances of recovery and survival.

Walking Boosts your Brain Power...

A study of people over 60 funded by the National Council on Aging, published in the July 29, 1999 issue of Nature, found that walking 45 minutes a day at 16-minute mile pace increased the thinking skills of those over 60. The participants started at 15 minutes of walking and built up their time and speed. The result was that the same people were mentally sharper after taking up this walking program.

Walking Reduces Diabetes Risk...

Get out and walk for 30 minutes a day as your minimum daily requirement for health and to prevent Type 2 diabetes. A study by the Graduate School of Public Health, University of Pittsburgh, discovered that walking for 30 minutes a day cut diabetes risks for overweight as well as non-overweight men and women. Walking also helps maintain blood sugar balance for those with diabetes.

Rotary Moment

ROTARY FLOAT IN ROSE PARADE

The Rotary International float in the annual Tournament of Roses Parade is undoubtedly the largest public relations project of the Rotary clubs of the United States and Canada. Since 1924 a Rotary float has been entered 18 times including every year since 1981. The famous Pasadena, California, parade is seen by an estimated 125 million people via worldwide television.

Funds for the construction of the Rotary parade entry are voluntarily given by Rotarians and clubs in the U.S. and Canada. The cost of designing, constructing and flower covering a Rose Parade float begins at about \$120,000.

A multi-district Rotary committee in Southern California coordinates planning of the Rotary float and provides hundreds of volunteer hours of service. The Rotary float must portray the annual parade theme, usually depicting one of the worldwide service programs of Rotary International. Each New Year's Day, Rotarians take pride in seeing their attractive float and realize they have shared in its construction by contributing a dollar or two to this beautiful public relations project.

National Flag Day

Flag Day in the United States falls on June 14th each year. On June 14th, 1777 the Second Continental Congress adopted the United States flag. It wasn't until 1916 that Flag Day was officially declared. In 1949 National Flag Day was established in Congress, but it is not a federal holiday. The colors of the American flag are symbolic, stands for valor and hardiness, blue stands for justice, perseverance, and vigilance, and white stands for innocence and purity. The design of the American flag has changed 27 times



Rotary After Hours

One of the fellowship activities our club enjoys is getting together after our regular meeting to enjoy dinner at various local restaurants. All members, guests and significant others are invited. If you will be attending upcoming dinners email Mary Anne Ashworth @ wamshot@hotmail.com

Jun 19th Demshar's
Jun 26th Installation—Palmer Legends

Weekly Assignments

Greeter

Jun 19th Nancy Yerkey
Jun 26th Pat Cronenberg

Set Up

Jun 19th Nancy Yerkey
Jun 26th Installation

Reflection

Jun 19th Open
Jun 26th Pat Cronenberg

Clean Up

Jun 19th Nancy Yerkey
Jun 26th Installation

Visiting Rotarian & Guests

Rotarians

David Bruno Canton, GA

Guests

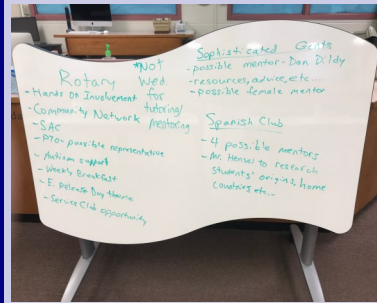
Gay Davidson

Paul Harris

Whether we do much or little in the way of public work, it is apparent that there is a large and unique field of usefulness in Rotary. Possessing as we do red blood in our veins, it is fair to assume that we shall not be indifferent to the welfare of the communities in which we exist, nor unwilling to lend a hand to the doing of those things in the interest of the public which come within the proper share of our activities.

HVES (Con't from page 2)

Improvement Plan (SIP) which provides details for the school for the coming year, such as expanding math instruction to 90 minutes per day. Also, HVES will serve only autistic students instead of all special education students.



The group agreed that for 4th and 5th grade students would benefit most from mentoring while grades 1–3 would be best served by tutoring.

There are great plans for the upcoming year as we continue to increase our presence at the school.

Installation Dinner

Our Installation Dinner will be held at Arnold Palmer on Wednesday evening, June 26th, starting at 5:00. If you have not signed up already please contact Dusty. We look forward to seeing you all at the kickoff for another fantastic year.

Service projects Committee

The Service Projects Committee will meet, starting July 24th, on the 4th Wednesday of each month at Lake Miona, starting at 3:00, in the lobby. Members, not on the committee are encouraged to attend.

Schedule of Meetings & Events

Meeting

Jun 19th Don Fraser-Story of a Purple Heart
Jun 26th Installation Dinner
Jul 3rd NO MEETING

Event

Jun 26th Installation Dinner
Nov 16th Polo BBQ

Committee Meetings (4:00pm)

Jun 19th Board Meeting

Visit us on the Web

www.rotaryvillagesevening.com